

Jimbelunga News

ALL THE LATEST NEWS IN OUR COMMUNITY



EDITION: MAY 2024

jimbelunga.org.au

 JimbelungaNursingCentre

WELCOME

Welcome to our second 2024 edition of Jimbelunga Nursing Centre's newsletter. A lot has been happening over the last couple of months and we are excited to share this summary with you. This newsletter offers an update on events, current and new activities and programs, new staff and resident profiles, birthdays and special occasions.



Photo caption: ATSICHS Brisbane Community Liaison Officer Ray has a yarn with Employee Engagement Officer Nicole, and Assistants in Nursing Marissa, Carol and Karran. They are discussing what 'A place of friendship' means to them.

Film crew visits

Earlier this year, we had a film crew come to interview staff and residents for two videos that give a window into what life is like at Jimbelunga Nursing Centre for the purpose of attracting wonderful people to work with us. One video is called 'Why I made the move' and features Assistant in Nursing Marissa, Cook Charlene and Registered Nurse Jenny who share why they love working at our nursing centre.



Uncle Athol makes a star appearance and does an expert job of narrating the introduction and conclusion of the video.

The second video is called 'A place of friendship' and features a number of staff members discussing what this concept means to them. These videos will feature on our website, in jobs ads and social media posts.

We had a special screening with residents in May.



BIRTHDAYS



Eric
14 May



Donna
16 May



Donald
18 May



Jeffrey
27 May



Joan
27 May



Community collaboration

We are delighted to be collaborating with the Centre Education Programme (CEP) and connecting young people with Elders. CEP is a small secondary school in Kingston that offers educational pathways for young people in grades 7-12 who have difficulty accessing school for a variety of reasons.

In April, Sandra went with Uncle Des, Uncle Barry, Aunty Tracey and Aunty Delma to meet with some of the students at a luncheon event to discuss their hamper boxes project.

The students will be building hamper boxes for all our residents, including making the designs and sourcing donations from shops to fill the boxes with and were seeking input from the Elders about what sort of items would be good to include.

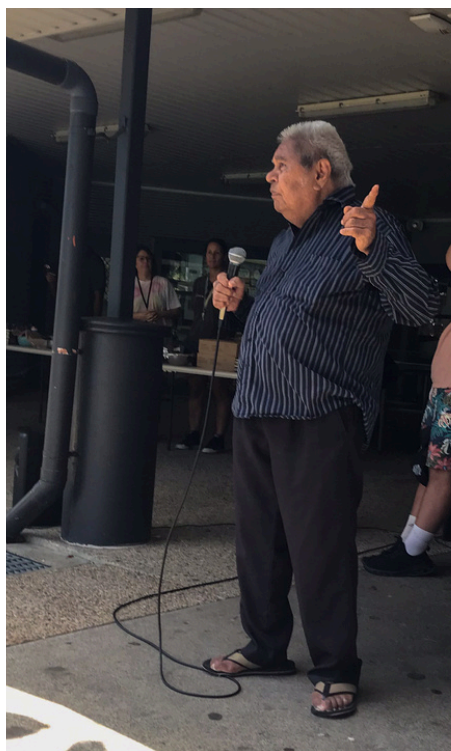


Photo caption: Uncle Des delivered a Welcome to Country at the luncheon.



Photo caption: Violet, Aunty Marg and Aunty Teresa making seed bombs with volunteer Charmaine and staff.

Making seed bombs for the garden beds

Residents had a wonderful time making seed bombs with our volunteer Charmaine, whose Mum Violet lives with us. They mixed up balls of wet dirt with sunflower and zinea seeds to make the seed bombs and planted these in the flower beds in the middle of the centre for all staff and residents to enjoy when they blossom in future.



Photo caption: Glenys planting the seed bombs in the garden bed.

ACTIVITY REMINDERS

Church Service

Catholic Church Service and Holy Communion happens at 10 am on the fourth Friday of every month in the Bunya small TV lounge. This service is open to everybody.

Maibinyana and Magpies meet weekly

Our Maibinyana men's group takes places every Monday afternoon from 1.30 pm to 3.30 pm and Wednesday mornings from 9.30 am to 11.30 am.

Our Magpies women's group runs at the same times as above.

Resident profile with Uncle John



Uncle John, a Wakka Wakka man from Cherbourg, has been living with us for three years now and his positive and proactive presence is much appreciated by staff and residents alike.

He is on the Resident Advisory Committee, attending regular meetings and raising matters of importance to the people who call our nursing centre home. He also runs a rugby league footy tipping competition with around 20 residents involved.

Uncle John is a massive AC/DC fan with the theme running strong throughout his room, including an AC/DC bedspread, wall hanging, decorative plate, cups and clothing.

"I like living here, the residents and staff are great," Uncle John said.

"I ride my bike 5 km around the wetlands every day, attend the Maibinyana men's group every Wednesday and also spend time in the garden."

"My tomatoes are growing so well and Cassandra who works here even gave me a jar of homemade tomato chutney when she saw how much I love tomatoes."

"My Mum comes to visit every couple of weeks and we recently had a family reunion just nearby."



Library program

Thanks to a library program with Logan City Council, our residents have access to the full range of books, DVDs and CDs available on the library's shelves and can refresh their collection every month with a delivery right to their door.

Pictured is Lifestyles and Activities Coordinator Sandra preparing bags of books for exchange. If you would like to join the program, have a yarn with Sandra.



Easter lunch

Our new chef Rebecca, and the kitchen team, cooked a delicious Easter lunch of lamb shanks and vegetables and entertainer John Cornelius put on a great show for residents and staff.



In conversation with our new chef Rebecca

Rebecca joined the team in February and has been serving up superb food for residents. Read our Q&A with Rebecca below.

Could you please share a bit about yourself?

I have two grown up children and am about to be a grandmummy. I was born in Sydney and grew up in Queensland. I've travelled a bit around Queensland.

I am a Beenleigh local and live just around the corner, which is very handy.

Could you please tell us about your career journey before this current role?

I started out in pastry when I was 15 and went into cake decorating and desserts. I was a dessert chef for many years.

My Mum got very sick when I was 12 and died when I was 20. After she died, I decided to change paths a little bit and go into caring because I looked after Mum for a long time when she was sick and after she died, I felt a big void in my life. And so I went and worked in Home Instead senior care to look after people in their homes. I cooked for them and took them out and did things with them and then that morphed into another job that I went into which was chef at the Convent. It was amazing. I worked there for five years and loved it.



As these numbers dwindled, the opportunity for hours dwindled as well so I couldn't stay there anymore.

And then I found this job. I read the ad and it suited me to a tee. It was basically everything I wanted. The same kind of job I had at the Convent but on a much bigger scale.

Why did you choose to work for Jimbelunga?

There were so many things going for the job. It's close to home. It's exactly the field I wanted to be in. I wanted to support senior citizens in my community. Jimbelunga itself means 'A place of friendship,' which made me feel happy. I love it here.

What are you most looking forward to in your new role?

I'm looking forward to NAIDOC Week in July.

I will be cooking some traditional cultural meals.

I know I'll be making fry bread with curry and am not sure what else yet but I'm going to be talking to some people and doing my research to find out what they would like and I'm going to do my best to make it right.

What do you enjoy doing outside of work?

I like rollerskating. I am a swimmer. I like taking the dog out. We go to the dog park and beaches. We go for picnics. I like sunshine. When I'm not at work, I like to be outdoors.

I like cooking. I cook even when I'm not at work. If I'm at home and I know people are coming over, I'll wake up early and do a batch of biccies and get started on whatever it is that I'm making so that when they come in, they've got something.

Visit from Interim First Nations Aged Care Commissioner Andrea Kelly

In April, we hosted Interim First Nations Aged Care Commissioner Andrea Kelly. Interim Commissioner Ms Kelly was visiting Jimbelunga Nursing Centre to gain feedback on the aged care system.

All residents and representatives were invited to meet with the Ms Kelly and share their feedback about the aged care system, current and future aged care reforms and the design, functions and authority of a permanent First Nations Aged Care Commissioner.

Uncle Des did a welcome to country and we had a lovely afternoon tea.



Photo caption: Ms Andrea Kelly (image source www.health.gov.au)

GENERAL UPDATES

Clinical care

We have two Clinical Nurse Managers. Teena works Friday, Saturday, Sunday and Monday and Barsha works Tuesday, Wednesday and Thursday. For anything clinical that you need to know, please come and see Teena or Barsha or make an appointment to see them.

Electrical equipment

Before you buy any electrical equipment for your room, please check with the Clinical Nurse Manager if this equipment is allowed in your room and whether it needs any risk assessments.

Hair dryers

We provide three hair dryers for resident use. These are placed in all three nurses stations. After borrowing and using these, please return them back to the respective nurses station. Residents cannot have their own hair dryers in their rooms due to the safety risk.

Floor rugs/mats in rooms

Floor rugs and bathroom mats are not permitted in rooms because they pose a trip hazard. If found in rooms, please notify one of our Clinical Nurse Managers.

Sharing food/treats with other residents

Check with staff before you share any food items with your fellow residents, as you might not be aware of their medical conditions, concerns around their swallowing status and any restrictions or allergies.

Laundry bags

New laundry bags have been provided. When bringing new clothes for residents, please ensure they are put in this bag and left with admin for labelling.

Document holders

You will notice new document holders in residents' rooms. Please complete feedback forms and leave in there for collection. If you require feedback forms, please see reception.

Parking

Parking onsite is for staff, emergency vehicles and deliveries. Please be mindful when visiting to park on the road and walk in.

Smoking

Jimbelunga is a non-smoking facility as per current legislation. This includes all areas. Please refrain from doing this within the grounds.

HARMONY DAY



Photo caption: Renee, Teena and Sharen wear orange for Harmony Day in March.



Photo caption: Harmony Day is a celebration that recognises Australia's diversity and brings people together from many different backgrounds.



Photo caption: Staff shared some dishes from their cultural backgrounds to celebrate Harmony Day.



Photo caption: Sandra and Glenys on Harmony Day.