

JIMBELUNGA NEWS | EDITION 5 JUNE 2021



Residents and staff reflect on National Sorry Day

National Sorry Day was marked this month and a day of reflection and mourning was held. It was a day to celebrate the courage and survival of Aboriginal and Torres Strait Islanders and our culture.

This year Aunty Laurette Burgess shared her story to all of ATSICHS Brisbane through a live feed. Jimbelunga residents and staff came together and listened to Aunty Laurette and then other residents' individual stories.

It was a day where we acknowledged the impact the past has had on us and a chance to support, empathise and heal all together.

From Belínda





The Queensland Government Aged Care Directive 29 advises that a person must not enter the premises of an aged care facility in the state of Queensland if after May 30 the person does not have an up to date Influenza vaccination.

This applies to all children over six months of age as well as staff, students, volunteers and contractors. This is an important part of protecting our residents, staff and visitors.

Here at Jimbelunga we have rolled out our flu vaccination campaign for all participating residents.

Screening prior to entry continues and we are now using QR Code or On Location via iPad. Please remember to sign out when leaving.

Reminders

- Please stay away if you are unwell.
- Sanitise or wash your hand frequently.
- Social distance where possible and keep everyone safe.

Meet Luwana Warren - EEN

How long have you been at Jimbelunga?

I started off as an AIN in 2019 and then transitioned to EEN.

What prompted you to work in the aged care sector?

I've always wanted to be a nurse and to provide healthcare to Indigenous people.

What's the most rewarding aspect about your job?

The most rewarding aspect of my job is working alongside Aboriginal and Torres Strait Islander people and supporting their healthcare rights and needs.

What's your best piece of advice for nurses starting in aged care?

Take every challenge as an opportunity to learn and grow.

Hobbies outside of work?

Outside of work I enjoy spending time with my family.





We'd like to wish our AIN Sarah all the very best as she begins maternity leave for her first baby!











Environmental Services News

Jimbelunga is keeping up with technology with the implementation of a new software program designed to streamline the kitchen's menu/ordering process. Residents' dietary preferences/likes/dislikes will allow staff to provide the ordering of meals with a touch of an icon on devices.

The system, developed by Embrayse is a more efficient way of capturing resident's likes and dislikes and a fast and accurate way to update



dietary requirements if a resident's health situation requires a different meal plan.

If you have a like/dislike or preference that you are not currently receiving please get in touch with the kitchen staff.

In other news, please send any new clothing items to the Environmental Services and Administration Manager Sharen before they are worn.

These will be documented and a description will be recorded. This process is aimed to reduce any loss of items.

Mother's Day visit

We received a lovely surprise visit from six members of the Beenleigh Yatala Junior Chamber of Commerce group.

They made Mother's Day cards and presented each of our ladies with a white flower. A warm thank you goes to these young adults for brightening up our residents' day.





Thank You



Community spirit is alive and well thanks to our friend Kevin and Heart Futures for their generous donation of men's underwear for residents. Many thanks also to St Joseph's College, Gregory Terrace for their kind donation of toiletry kits for our residents. The students held a drive calling for items and we're very grateful.





Meet our residents... Margaret Farnham

How long have you been at Jimbelunga?

I have only just recently moved in, when Col got sick.

Hobbies:

Sports, gardening, walking for fitness, take the kids (I had 8) for a walk.

Favourite meal:

Roast pork. Fruit and custard and a good apple pie.

Favourite TV show or Book?

Home and Away. Col and I like quiz shows and we don't stay up too late.

What's something people don't know about you? I don't know (BIG LAUGH), I used to get teased about my middle name Isabel. Kids used to ask me "Is a bell on your bike?".

What do you love about Jimbelunga?

It's beautiful, love the entertainment and the music.

Music Time

We were thrilled to receive a visit from performer John Cornelius in May.

Doug and Aunty Gillian both had a session with him, playing their guitars and singing. It was a great afternoon of fun, music and we also had a dance.







Are resident's your email contact details up to date?

If you're a resident's family member we'd like to email you our newsletter. Send us your contact details and we can add you to our list. Email: admin@jimbelunga.org.au

Around Jimbelunga

Our arts and craft during May kept us busy doing Mother's Day flowers and art and we designed our own art for our boomerangs.

Wednesday mornings are still very popular with our games of bingo.

We held a very special "pink" Mother's Day morning tea and lunch event which was a lovely tribute to all our mums.

We have also been playing Hoy which is a little different and a big hit with our residents.



















Armchair Travel Sessions

We have started a new monthly session called 'armchair travel'. So far we have been to a few places around Australia and Karen has shared her trip to China.

Karen gave us an interesting account and we enjoyed our trip without leaving Jimbelunga.

This month we "sailed" the high seas, cruising around islands which we enjoyed. We had lots of laughs and decided that some of us would get seasick in real life.

This was a great afternoon activity with lots of laughs.



Fresh Looks

We had so many smiling faces after we had a visit from the hairdresser.

What a difference a haircut makes!! It's made us look 'years younger' and some staff had to have a second look as they didn't quite realise who was who after their haircut. Little giggles could be heard from the residents when they were told how nice they looked with their haircuts.



What's On

- Tuesday 1st June. First Day of WINTER
- Wednesday 2nd June at 10.30am
 Residents Meeting. All Welcome. Remember this is your meeting, where you can find out information and if you have any ideas, concerns or would like to give a 'high five' about something....this is the place
- Thursday 3rd June. Mabo Day
- Wednesday 7th Chocolate Ice-cream Day



 Friday 11th June at 2pm Lyn Butler will entertain us. Jacaranda Activities Area.

Reminders

Feel like joining us for a walk in the Cultural Area of Jimbelunga? We would love to have you join us. We stop and look at the different plants, have a yarn and if we are lucky, we may see our resident curlews. It's a nice way to start our morning activities.

Logan Home Library Service has just delivered our next three months' of movies to watch on our new BIG SCREEN TV. We screen a new movie each afternoon at 3pm in the Jacaranda Activities area. If there is a movie you would like to watch please let Sandra or Karen know and we will do our best to find it for you.

Do you like to read, listen to a CD or watch a DVD? If so, please see Sandra or Karen so they can join you up to the Logan Home Library Service.

Please let Sandra or Karen know if you would like a copy of any photos taken of your family member.

Jimbelunga visiting hours are daily between 8.30am and 4.30pm.

If anyone has requests or recommendations please feel free to share your ideas. We are always looking at new activities that will make you smile.

From Sandra



June

May S..... 3rd Tracey G..... 5th Thomas H..... 8th Douglas K..... 10th William S..... 12th

Clem S..... 12th Glenys B..... 16th Laura H..... 16th Henrick VV..... 19th June F..... 23rd