

School visit provides connection with Elders



A fantastic morning was had last month with a visit from St Joseph's College Gregory Terrace Boys on their last day of school holidays. The level of interest and engagement from the residents and students was deadly.

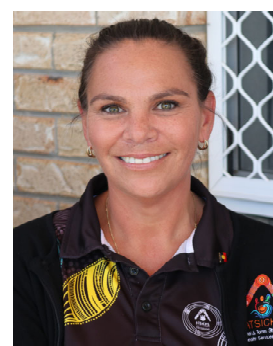
Tracy used her skills and knowledge to do a sketching class, several boys enjoyed a card game with some very interested residents, happy to sit back and watch the competition.

Aunty Laurette told her story about being a part of the stolen generation which was very emotionally received by the boys.

Doug and Aunty Gill happily entertained with some songs and guitar playing. And the highlight that drew a crowd, some hecklers, some fans, a ref and even a player was a game of touch footy.

A great day had by all and we look forward to welcoming them back again soon.

From Belinda



Clinical Services

Our nursing staff received a greater understanding of residents living with dementia thanks to a recent virtual reality interactive experience. The nursing staff recently completed a workshop provided by Dementia Australia which allowed staff to see the world through the eyes of a person living with dementia utilising high quality virtual reality technology. Using the headsets, staff could view what it may feel like to experience dementia and ways to care for someone living with dementia.



COVID-19 Update

We have now completed the second round of COVID-19 vaccinations of all participating residents. We would like to thank everyone for their co-operation in the process. If you have any vaccination questions call 3807 0655.

Meet Grad Nurse Sam

Role at Jimbelunga?

Graduate registered nurse.

How long have you been at Jimbelunga?

8 weeks.

What prompted you to work in the aged care sector?

In my culture we are always taught to look after our Elders and our family. My mum grew up in Papua New Guinea where they do not have government funding or aged care, therefore the responsibility falls onto the children. My mum brought my brothers and myself up with these values. I believe I have transitioned well into aged care because I have such love and respect to those vulnerable around me.

What's the most rewarding aspect about your job?

When residents show how grateful and happy they are with my care. I love seeing them smiling and happy. I enjoy brightening up my residents' day, seeing their progression and I love the hugs and cuddles.

What's your best piece of advice for nurses starting in aged care?

You can learn endless amounts about medications, wounds, diagnosis but no-one can teach you to be a caring and compassionate human. My advice would be to remember why you wanted to be a nurse and always maintain this level of compassion because aged care is very fast paced and when you have one million things going on, you don't want to lose sight of that.

Hobbies outside of work? I love going to the gym and watching crime documentaries.



Are your email contact details up to date?

If you're a resident's family member we'd like to email you our newsletter.

Send us your contact details and we can add you to our list.

Email: admin@jimbelunga.org.au

Environmental Services News

The kitchen staff will commence a review of the menu for meals for residents.

The team will be joined by new dietician Rhonda and the review will take place in conjunction with the clinical team as well as feedback from residents.

If you, or a family member would like to discuss or have suggestions about the food or food service at Jimbelunga feel free to complete a green CQI form or call to discuss.

This month we had one of our residents assist Chef Kevin with the cooking of the BBQ. We wish to thank Doug for helping out with this and chef had fun too.



Meet our staff...Michelle, Admissions Officer

What's your role at JNC?

I answer enquiries about new admissions into Jimbelunga via phone, emails and face to face. I organise tours of Jimbelunga and assist Belinda until I'm trained up myself to hold them myself. I liaise with ATSICHS medical clinic community liaison officers and care coordinators about elders' wellbeing. I also work with social workers in allied health regarding general information about Jimbelunga and bed availability.

How do you think you can make a difference working in aged care?

I have previously worked on the Elders Support Program during the height of COVID-19 with ATSICHS Brisbane. I believe it's important to look after and show respect for the Elders in our community as we can learn so much from them. The transition to an aged care facility for a loved one and their family can be daunting so we help make it as easy as possible. We show relatives how much we really care and that they're loved ones are in good hands.



Have you got feedback?

We would love to hear from you

Send us your contact details and we can add you to our list.

Email: admin@jimbelunga.org.au

Meet our residents... Rosa Dare

In this section we shine a spotlight on one of our amazing residents. This edition we'd like to give a special shout out to Rosa. She's a proud Mununjali who is Brisbane local. Read on to learn more about Rosa.

How long have you been at JNC?

It will be 3 years in July.

What do you love about JNC?

I love the panoramic view from my room. I love the staff who are caring and helpful, the peace and quiet of Jimbelunga and my cosy room.

Hobbies?

I enjoy crocheting blankets and doing crosswords.

What's something people wouldn't know about you?

At 50 years of age I went back to university for 4 years to Business and Hospitality. I worked in Accor Hotels who employ Indigenous people to work on the front counter as a concierge and I had the opportunity to travel all around Australia.



Favourite food?

I like seafood and Chinese.

Favourite TV show?

The Block.

SPOT THE DIFFERENCE!

Find 10 differences between the 2 pictures!



What's On

Friday 7 May

Ladies only morning tea.
10am Casuarina Dining Room (Mother's Day Celebration)

Friday 7 May

12noon.
All residents invited to have lunch in Casuarina Dining Room (Mother's Day Celebration)

Friday 7 May

All staff are encouraged to wear pink on this day to celebrate Mother's Day

Thursday 13 & Friday 14 May

Hairdresser visiting.

Around Jimbelunga

We have been busy working on other art and craft projects this month, including making and painting our poppies to place on the Cross for Remembrance for ANZAC Day Service which we held on Friday 23 April.

We also worked on Mother's Day art and craft. We made some beautiful flower paintings, using our hands as part of the flowers.

John Cornelius, who is one of our entertainers was due to visit but due to the lockdown we had to cancel the visit. We look forward to seeing John again soon.

Lyn Butler was here on Monday 26 April, to entertain us. Many residents have said it was lovely having Lyn here on a public holiday. Thanks Lyn.



April Painters

We may have been in lockdown during April, but that didn't stop our residents from keeping busy.

We had fun painting the windows in Jacaranda Activities area windows.

The residents decided what they wanted to paint and the colours they were going to use.

Many decided to paint their names, with one creative resident painting her hands and placing them on the glass. Another clever artist painted a country scene.

With so many artists amongst us, we can't wait to see what they do next month.



Footy Tipping



During April our Footy Tipping has been an enormous success. Thank you to Russell for helping us with this. Russell collects the NRL tips for the week on a Tuesday afternoon between 1.30pm and 2.30pm in the Jacaranda Activities Area.

Look for the Russell sitting at the table called 'Rusty's Tipping'.

While you're in the area and need some shopping done, see Tina at 'Tina's TMart'.

Now that lockdown has finished and if you have an NDIS friend who visits, this is the time to go out and do your own shopping.

Like we did before all the COVID restrictions started. Doing your own shopping is a terrific way to make sure you get what you want.

Reminders

Feel like joining us for a walk in the Cultural Area of Jimbelunga? We would love to have you join us. We stop and look at the different plants, have a yarn and if we are lucky, we may see our resident curlews. It's a nice way to start our morning activities.

- Our next lot of movies have arrived from the Logan Home Library Service and we show a new one each afternoon at 3pm in Jacaranda Activities Area. If there is a movie you would like to watch, please let Sandra or Karen know and we will do our best to find it for you.

- Do you like to read, listen to a CD or watch a DVD? If so, please see Sandra or Karen so they can join you up to the Logan Home Library Service. Visiting hours are daily between 8.30am and 4.30pm.

- If you would like to make any suggestions for the Activities and Lifestyles team please get in touch.

From Sandra

Donations

Now that the weather is starting to cool down some of our ladies would like to do knitting. We are hoping that we have some family members or our JNC friends that would like to donate knitting needles (not for baby clothing size needles) and wool to the Activities Department.

We are also needing more buttons for our Beenleigh Show project.

We'd also like to give a special thank you to Hazel Brain for her generous donation of several bags of handmade crocheted rugs and wool. Hazel is the mother of one of our ATSICHS staff members and we think she's very talented.



May

Lynette K.....4

Wayne R.....5

Donna B.....16

Donald S.....18

Joan R.....27

Jeffrey B....27

Men's Group

Many thanks to the Fortitude Valley Men's Group for dropping by for a yarn recently. With COVID-19 restrictions lifting it's deadly to see some familiar faces enjoying the sunshine with our residents.



We're social... join us on social media

Keep up to date with all the latest news and photos through:

JNC public Facebook page www.facebook.com/JimbelungaNursingCentre

JNC private group page search Jimbelunga Nursing Centre to join

ATSICHS Brisbane Facebook page www.facebook.com/atsichsbris

ATSICHS Instagram page @atsichsbris

ATSICHS Brisbane Twitter page @ATSICHSBris

Or for more information visit www.jimbelunga.org.au and www.atsichsbrisbane.org.au

