



JIMBELUNGA NEWS | EDITION 1 | FEBURARY 2021



## Jimbelunga AIN reaches 25 year milestone

No one has seen more change at Jimbelunga than our AIN Colleen Tonking who reached a milestone of service on 1 February 2021.

Colleen started with ATSICHS Brisbane and Jimbelunga on the 1 February 1996.

It's an amazing achievement to continue at any one place for that length of time and still be a shining light to all staff and residents when she walks through the door.

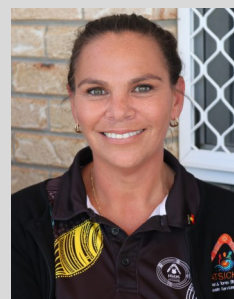
Thank you Colleen for all that you do and all that you have been to so many over your 25 years.

*Hello*

Welcome everyone to what we hope to be a fantastic 2021 and also to our new look Jimbelunga News. We hope you like this new format! This year will see many changes particularly with the impact COVID-19 has had on Aged/ Residential Care.

Discussions and more information will be provided for staff, residents and families as we find out more details. We value your input and it's important to us. Jimbelunga wishes to continue to have an open and transparent approach to each residents care.

*From Belinda*



## Clinical Services

### FEBRUARY

- No more need for staff to wear mask or goggles.
- Staff are currently undergoing elder abuse training to ensure all residents are protected and if there are concerns staff will know best how to handle the situation.

## Welcome

### FEBRUARY

- Alycia Reed (EEN)
- Carol Voulis (EEN)
- Jisu Kim (EEN)
- Brody Patrick (AIN)
- Danielle Van Overbeek (AIN)
- Dabia Babia (AIN)
- Rebecca McKenzie (AIN)
- Shanelle Beckhurst (AIN)

## Farewells

- Brooke Frazer Graduate RN
- Aimee Graduate RN
- Timani Nicholls AIN
- Vicky Russel AIN
- Thalia Yates

## Special Acknowledgment



**VICKY RUSSEL**

We would like to thank you for your services. Vicky retires from nursing after 15 years and we wish her the very best for this next chapter in her life. Nights will not be the same for the residents or staff without her.

## Graduate Program

Last year ATSICHS Brisbane commenced the inclusion of Jimbelunga into the Nurse Graduate Program rotation.

It's lovely to see the new faces come and learn and although it is always sad to see them go we hope they enjoy their time with us and take with them the knowledge and to positive memories of working with our Elders and in aged care.

## Did you know...

We have a hairdresser for our residents? Jacinta is available every six weeks. If you would like to have your hair cut please contact Sandra to make an appointment.

## Are your email contact details up to date?

If you're a resident's family member we'd like to email you our newsletter.

Send us your contact details and we can add you to our list.



## Environmental Services

### FEBRUARY

This month sees Jimbelunga with new automatic doors installed for ease of movement through the facility. Feedback from the residents has been positive.

Jimbelunga has a new front fence bringing us into the new year. It adds to the home-like feeling that we promote and are known for.

## Special Acknowledgment



I would like to take this opportunity to acknowledge all team members who worked so tirelessly over the festive season.

The service to our residents continued without disruption with a lovely Christmas lunch served to celebrate.

To all residents, family and friends: if we haven't yet met and if there is anyway I can help, please come and see me in the office behind reception.

*From Sharen*

## What's New



The Chef and Manager of Environmental Services is currently in the process of reviewing the menu.

In consultation with the residents we are looking to provide a nutritious enjoyable menu for all.

Please feel free to speak to us if you or your loved one has any concern or suggestions.

## Welcome

### FEBRUARY

- Elizabeth Honan (ESO)
- Edith Bridges (ESO)
- Tammie White (ESO)
- Ben Langdren (ESO)

### Have you got feedback?

We would love to hear from you

Send us your contact details and we can add you to our list.

Email: [admin@jimbelunga.org.au](mailto:admin@jimbelunga.org.au)

# Residents Update - Additional Services

## Allied Health Services at Jimbelunga are recommencing!

### IUIH-Podiatry

This service will recommence every Friday. We welcome back Amber with the easing of restrictions. If anyone has any concerns or is requesting an urgent referral please see the RN on shift.

### Physiotherapy

This month we say farewell to Craig and thank him for his service in providing physiotherapy to the residents. We will miss him and wish him well.

Physiotherapy services will continue with Paul remaining onsite and we are currently recruiting to replace Craig.

### Social Health

Social isolation is a real problem particularly in light of COVID-19 and the past year.

If you are feeling alone or lonely and you would like to chat about your feelings you can have a chat with our counsellor Sandra R via Telehealth on a Tuesday. Please let the Leisure and Lifestyles department know so this can be arranged.

## Happy Birthday



### FEBRUARY

- Tony G. 2<sup>nd</sup> Feb
- Barbara W. 4<sup>th</sup> Feb
- Janice E. 6<sup>th</sup> Feb
- George H. 7<sup>th</sup> Feb
- Leslie R. 11<sup>th</sup> Feb
- Doris C. 13<sup>th</sup> Feb
- Terry S. 27<sup>th</sup> Feb

## Noticeboard

- Friday 12<sup>th</sup> Chinese New Year
- Saturday 13<sup>th</sup> - 13th Anniversary of the National Apology to the Stolen Generations
- Sunday 14<sup>th</sup> St Valentine's Day. We will celebrate this on Monday 15<sup>th</sup> with a special morning tea
- Tuesday 16<sup>th</sup> Shrove Tuesday – Pancake Day. Freshly made pancakes with jam & cream. (the residents are served their own jam & cream that they put on themselves)
- Wednesday 17<sup>th</sup> Ash Wednesday

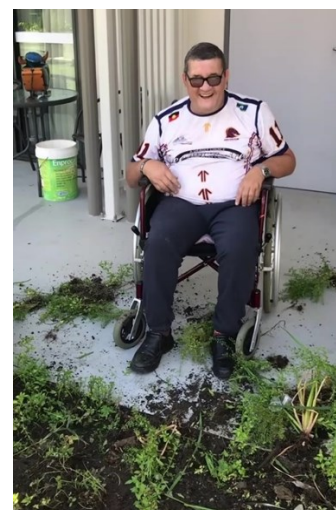


## Jimbelunga Gardens

The grounds and gardens are looking lovely, and Brad our gardener has now got help from two of our residents.

**Ross** (far right) keeps the internal flower beds looking lovely with different flowers and often growing a selection of fresh fruit and veggies.

**Trevor** is helping in the Cultural area with trimming and pruning.



### Join us !!

If anyone else would like to help out in the garden please let Sandra or Karen know.

We have a beautiful space and many hands make light work.



## Bingo



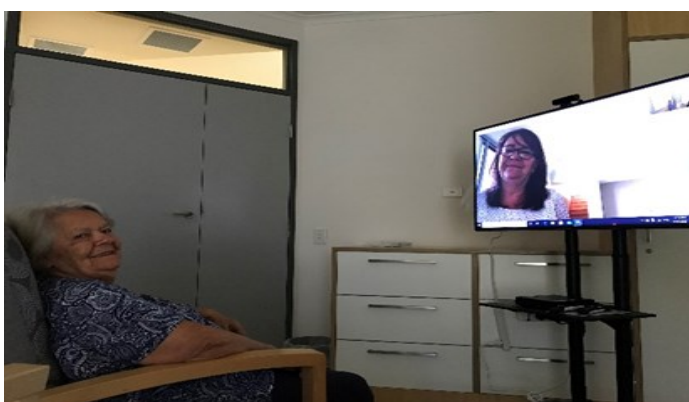
Activities Officer Karen was worried about the residents having a protest rally or maybe even a 'sit in' when their doctor or counsellor visit was clashing with the weekly event.

BINGO or HOY as they also refer to it, has now had a change of day so no one needs to miss out.

All participating residents are now happily playing on a Wednesday.

No changes are planned for the future, however we have been made very aware it will not happen unless it's in consultation.

## Skype



Some initiatives still continue despite the ease of restrictions. Don't miss your loved ones unnecessarily. Jump on **Skype!**

Please contact the Leisure & Lifestyles Department so this can be organised.



# Jimbelunga Arts and Crafts

We have been busy with art activities, using items that we have in our kitchens at home. This includes items such as noodles, spilt peas and rice.

We have some very clever artists that can make pictures out of these things.

Keeping the artistic side happening, we have been decorating biscuits with choc buttons, 100s and 1000s, marshmallows, and icing.

We sampled our creations by having one, but we kept the rest for our afternoon tea.

It's such a great activity as while we are creating our masterpieces, we yarn about cooking and all our favourite things we like to make.



## Entertainment



One of our entertainers, John Cornelius, has been to entertain us since we have come out of lockdown.

It was lovely being able to have a bit of a dance and sing-along.

## Donations

The Activities Department would like to do a special art project and we are looking for donations of any size buttons and any old costume jewellery not being used.

If you have these items and you no longer want them, please let Sandra or Karen know and they will gladly take them for our activities.

## Welcome



Welcome to our new friends and their families:

- Jan Easterbrook
- Donald Keats
- Douglas Kina
- Frank Mason
- Brenda Mudd
- Joan Revalli.

## Sorry Business

RIP our friends:

- Gerry Hulett
- Fred Murfet
- Neville Aspinall
- Ivy Morgan.

## Reminders

Don't forget that we have a **walking group each morning**. We go for a walk in the Cultural Area. It's nice to get out in the fresh air for a little while.

If you want something to do in the afternoon from **3pm** until tea why don't you join us to watch a **movie** in the Jacaranda Activities Area.

**Bingo** is on every Wednesday at **10.30am** in the Jacaranda Activities Area.

**Visiting hours** are daily between 8.30am and 4.30pm.

## Activities and Lifestyle

If anyone has any requests or recommendations please feel free to share your ideas.

We are always looking at new ways to fill our days with activities that will make you smile.

*From Sandra*



## We're social... join us on social media

Keep up to date with all the latest news and photos through:

JNC public Facebook page [www.facebook.com/JimbelungaNursingCentre](http://www.facebook.com/JimbelungaNursingCentre)

JNC private group page - search Jimbelunga Nursing Centre to join

ATSICHS Brisbane Facebook page - [www.facebook.com/atsichsbris](http://www.facebook.com/atsichsbris)

ATSICHS Instagram page - @atsichsbris

ATSICHS Brisbane Twitter page - @ATSICHSBris

Or for more information visit [www.jimbelunga.org.au](http://www.jimbelunga.org.au) and [www.atsichsbrisbane.org.au](http://www.atsichsbrisbane.org.au)

